

## WOODCREST ELEMENTARY GRADES PreK-6

### April 2019 BREAKFAST /LUNCH MENU


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4/1 Sweet Potato Swirl Roll (33g)	4/2 Maple Pancakes (38g)	4/3 Mini Cinnis (39g)	4/4 Turkey Sausage Pancake Wrap (17g) †	4/5 Bagels with Strawberry Creamy Cheese (41g)
4/8 NO SCHOOL	4/9 NO SCHOOL	4/10 NO SCHOOL	4/11 NO SCHOOL	4/12 NO SCHOOL
4/15 NO SCHOOL	4/16 NO SCHOOL	4/17 NO SCHOOL	4/18 NO SCHOOL	4/19 NO SCHOOL
4/22 NO SCHOOL	4/23 NO SCHOOL	4/24 NO SCHOOL	4/25 NO SCHOOL	4/26 NO SCHOOL

**CHOOSE 1 MAIN ENTRÉE OR CHOOSE 2 OF THESE AT BREAKFAST:**  
 Assorted Cereal (20-26g) or Graham Cracker (19g) or Yogurt (15g) or Cheese Stick (1g)  
 Orange juice (14g) and apple juice (14g) are offered at breakfast. Fresh fruits and a choice of 1% low fat white milk (13g), or skim chocolate milk (24g) are offered at breakfast/lunch. Vegetables offered daily and legumes weekly at lunch.  
**A complete breakfast and lunch are FREE to every student!!**  
 Revised 3/5/2019

Grams of carbohydrate for each food are listed as (g).  
 \*Sliced wheat bread (12g) offered with entree.  
 † Dairy-free entrée  
 <> Plant-based entrée  
**VEGGIE POWERED MEALS EVERY MONDAY!**  
 Pork, seafood, and nut-containing products are not offered.  
 Menu is subject to change.  
 This institution is an equal opportunity provider.



#### LUNCH

4/1 *Dynamite Dippers (25g) <> † Toasted Cheese Sandwich (24g) <> Sun Butter (14g) & Jelly (9g) & Bagel (26g) <> † Potato Wedges (14g)	4/2 Cheeseburger Meatloaf on Bun (28g) Turkey Hot Dog on Bun (26g) † for K-6 ONLY *Yogurt with Granola & Cheese Stick (30-34g) <>	4/3 *Chicken Nuggets (13g) † Cheese Pizza (30g) <> *Turkey Ham & Cheese with Tortilla Strips (25g)	4/4  Hamburger/Bun (20g) † Pepperoni Pizza (30g) *Garden Salad with Egg & Cheese (4g) <> Baked Beans (30g) <>	4/5 Chicken Soft Taco (27g) *Salisbury Steak/Gravy (6g) and Potato (18g) Sun Butter & Jelly & Bagel (49g) <> † Mixed Veggies -carrot, pea, green bean & corn (9g)
4/8 NO SCHOOL	4/9 NO SCHOOL	4/10 NO SCHOOL	4/11 NO SCHOOL	4/12 NO SCHOOL
4/15 NO SCHOOL	4/16 NO SCHOOL	4/17 NO SCHOOL	4/18 NO SCHOOL	4/19 NO SCHOOL
4/22 NO SCHOOL	4/23 NO SCHOOL	4/24 NO SCHOOL	4/25 NO SCHOOL	4/26 NO SCHOOL

**INTERSESSION April 8 - 18**



**SPRING BREAK April 19 – April 28**